

Below is a list of regional **Wellness Communities** and **Gilda's Clubs** in Pennsylvania, New Jersey, Delaware, Maryland and Virginia:

### **Pennsylvania**

#### **The Wellness Community of Philadelphia**

The Suzanne Morgan Center at Ridgeland  
Chamounix, Drive, West Fairmount Park  
Philadelphia, Pennsylvania 19131  
Phone: 215.879.7733  
[www.twcp.org](http://www.twcp.org)

#### **The Wellness Community-Greater Lehigh Valley**

3400 Bath Pike  
Bethlehem, Pennsylvania 18017  
Phone: 610.861.7555  
[www.thewellnesscommunity.org/qlv](http://www.thewellnesscommunity.org/qlv)

#### **Gilda's Club Delaware Valley**

200 Kirk Road  
Warminster, PA 18974  
Phone: 215.441.3290  
[www.gildasclubdelval.org](http://www.gildasclubdelval.org)

### **New Jersey**

#### **The Wellness Community-Central New Jersey**

3 Crossroads Drive  
Bedminster, New Jersey 07921  
Phone: 908.658.5400  
[www.thewellnesscommunity.org/cnj](http://www.thewellnesscommunity.org/cnj)

#### **The Wellness Community-Northern Jersey Shore**

The Diney Goldsmith Center  
613 Hope Road  
Eatontown, New Jersey 07724  
Phone: 732.578.9200  
[www.thewellnesscommunity.org/jerseyshore](http://www.thewellnesscommunity.org/jerseyshore)

#### **Gilda's Club Northern New Jersey**

575 Main Street  
Hackensack, New Jersey 07601  
Phone: 201.457.1670  
[www.gildasclubnnj.org](http://www.gildasclubnnj.org)

#### **Gilda's Club South Jersey**

700 New Road  
Linwood, New Jersey 08221  
Phone: 609.926.2699  
[www.gildasclubsouthjersey.org](http://www.gildasclubsouthjersey.org)

### **Delaware**

#### **The Wellness Community-Delaware**

4810 Lancaster Pike  
Wilmington, Delaware 19807  
Phone: 302.995.2850  
[www.wellnessdelaware.org](http://www.wellnessdelaware.org)

### **Maryland-Northern Virginia**

#### **The Wellness Community-Greater Washington, DC**

5430 Grosvenor Lane, Suite 100  
Bethesda, Maryland 20814  
Phone: 301.493.5002  
[www.wellnesscommunitydc.org](http://www.wellnesscommunitydc.org)

#### **The Wellness Community-Delmarva**

1506 S. Salisbury Blvd.  
Salisbury, Maryland 21801  
Phone: 410.546.1200  
[www.thewellnesscommunity.org/delmarva](http://www.thewellnesscommunity.org/delmarva)